

IAR
INSTITUTE FOR ATHLETE REGENERATION

SPORTS MANUAL THERAPY CERTIFICATION

The Institute for Athlete Regeneration, LLC is prestigiously recognized by the American Academy of Orthopedic Manual Therapists and the International Federation of Orthopedic Manual Therapists. IAR is the most comprehensive program in the country to successfully integrate the components of sports and manual therapy into a superior treatment medium for all levels of athletes and sports. Our program offers advanced training and clinical reasoning in the arena of manual therapy for all sports rehabilitation clinicians.

Course Objectives:

By the end of this course the participant will:

1. Understand the most current concepts in sports manual therapy examination, diagnosis, intervention, and prognosis.
2. Effectively perform an advanced and comprehensive manual therapy examination.
3. Effectively perform advanced joint mobilization and manipulation techniques for the spine and lower extremity specific to the professional hockey player.
4. Effectively perform advanced soft tissue techniques for the spine and lower extremity specific to the professional hockey player.
5. Effectively perform advanced neurodynamic intervention techniques specific to the professional hockey player.

Day 1: Foundations & Cervical Thoracic <ul style="list-style-type: none">• Current Concepts and MT Applications• Functional Biomechanics – Cervical Thoracic• Cervical & Thoracic Assessment Keys• Cervical & Thoracic Advanced Manual Therapy	Day 2: Lower Extremity (Hip, Knee, FA) <ul style="list-style-type: none">• Functional Biomechanics Lower Extremity• Movement Impairments - Lower Extremity• Lower Extremity Assessment Keys• Lower Extremity Advanced Manual Therapy
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DATES: Tuesday, June 18 and Wednesday, June 19, 2019
TIME: 8:00am – 5:00pm
LOCATION: JW Marriott Hotel - Austin
COST: \$595.00 (including breakfast and coffee during breaks)
REGISTRATION: Opens March 4th at www.phats-sphem.com

All participants receive a comprehensive course workbook, and will be **Sports Manual Therapy Certified (SMTC)** upon completion of the course.



IAR (BOC AP# P10127) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 16 Category A CEUs.

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