



INSTITUTE FOR ATHLETE REGENERATION

**SAN ANTONIO  
ORTHO RESIDENCY 2019 – 2021**

<b>COURSE</b>	<b>PROGRAM REQUIREMENT</b>	<b>DATE</b>
<b>CORE CONCEPTS I</b>	<b>RESIDENCY / CSOMT</b>	<b>OCTOBER 5 -6, 2019</b>
<b>CORE CONCEPTS II</b>	<b>RESIDENCY / CSOMT</b>	<b>NOVEMBER 9 -10, 2019</b>
<b>LUMBAR I</b>	<b>RESIDENCY / CSOMT</b>	<b>JANUARY 4 -5, 2020</b>
<b>LUMBAR II</b>	<b>RESIDENCY / CSOMT</b>	<b>FEBRUARY 8 - 9, 2020</b>
<b>SIJ</b>	<b>RESIDENCY / CSOMT</b>	<b>MARCH 21 -22, 2020</b>
<b>THORACIC</b>	<b>RESIDENCY / CSOMT</b>	<b>MAY 2 -3, 2020</b>
<b>CERVICAL I</b>	<b>RESIDENCY / CSOMT</b>	<b>JUNE 13 - 14, 2020</b>
<b>CERVICAL II</b>	<b>RESIDENCY / CSOMT</b>	<b>JULY 25 -26, 2020</b>
<b>LOWER EXTREMITY</b>	<b>RESIDENCY / CSOMT</b>	<b>AUGUST 29 -20, 2020</b>
<b>UPPER EXTREMITY</b>	<b>RESIDENCY / CSOMT</b>	<b>OCTOBER 3 - 4, 2020</b>
<b>EXAM I</b>	<b>RESIDENCY / CSOMT</b>	<b>NOVEMBER 7 - 8, 2020</b>