



INSTITUTE FOR ATHLETE REGENERATION

**SAN ANTONIO
IAR VII 2019 – 2021**

COURSE	PROGRAM REQUIREMENT	DATE
CORE CONCEPTS I	CSOMT / FELLOWSHIP	OCTOBER 5 -6, 2019
CORE CONCEPTS II	CSOMT / FELLOWSHIP	NOVEMBER 9 -10, 2019
LUMBAR I	CSOMT / FELLOWSHIP	JANUARY 4 -5, 2020
LUMBAR II	CSOMT / FELLOWSHIP	FEBRUARY 8 - 9, 2020
SIJ	CSOMT / FELLOWSHIP	MARCH 21 -22, 2020
THORACIC	CSOMT / FELLOWSHIP	MAY 2 -3, 2020
CERVICAL I	CSOMT / FELLOWSHIP	JUNE 13 - 14, 2020
CERVICAL II	CSOMT / FELLOWSHIP	JULY 25 -26, 2020
LOWER EXTREMITY	CSOMT / FELLOWSHIP	AUGUST 29 -20, 2020
UPPER EXTREMITY	CSOMT / FELLOWSHIP	OCTOBER 3 - 4, 2020
EXAM I	CSOMT / FELLOWSHIP	NOVEMBER 7 - 8, 2020
ADVANCED LUMBAR / SIJ	FELLOWSHIP	DECEMBER 19 -20, 2020
ADVANCED CERVICAL / THORACIC	FELLOWSHIP	JANUARY 30 - 31, 2021
ADVANCED LOWER EXTREMITY	FELLOWSHIP	MARCH 13 - 14, 2021
ADVANCED UPPER EXTREMITY	FELLOWSHIP	APRIL 17 - 18, 2021
SPECIAL TOPICS I	FELLOWSHIP	MAY 29 - 30, 2021
SPECIAL TOPICS II	FELLOWSHIP	JULY 10 - 11, 2021
EXAM II	FELLOWSHIP	AUGUST 14 -15, 2021
HOME STUDY	FELLOWSHIP	INDEPENDENT