



INSTITUTE FOR ATHLETE REGENERATION

**HOUSTON
ORTHO RESIDENCY 2019 – 2021**

COURSE	PROGRAM REQUIREMENT	DATE
CORE CONCEPTS I	RESIDENCY / CSOMT	SEPTEMBER 21 - 22, 2019
CORE CONCEPTS II	RESIDENCY / CSOMT	NOVEMBER 2 - 3, 2019
LUMBAR I	RESIDENCY / CSOMT	DECEMBER 7 - 8, 2019
LUMBAR II	RESIDENCY / CSOMT	JANUARY 11 - 12, 2020
SIJ	RESIDENCY / CSOMT	FEBRUARY 8 - 9, 2020
THORACIC	RESIDENCY / CSOMT	MARCH 14 - 15, 2020
CERVICAL I	RESIDENCY / CSOMT	APRIL 25 – 26, 2020
CERVICAL II	RESIDENCY / CSOMT	MAY 30 – 31, 2020
LOWER EXTREMITY	RESIDENCY / CSOMT	JULY 18 – 19, 2020
UPPER EXTREMITY	RESIDENCY / CSOMT	AUGUST 15 - 16, 2020
EXAM I	RESIDENCY / CSOMT	SEPTEMBER 26 – 27, 2020