



INSTITUTE FOR ATHLETE REGENERATION

**HOUSTON
IAR VII 2019 – 2021**

COURSE	PROGRAM REQUIREMENT	DATE
CORE CONCEPTS I	CSOMT / FELLOWSHIP	SEPTEMBER 21 - 22, 2019
CORE CONCEPTS II	CSOMT / FELLOWSHIP	NOVEMBER 2 - 3, 2019
LUMBAR I	CSOMT / FELLOWSHIP	DECEMBER 7 - 8, 2019
LUMBAR II	CSOMT / FELLOWSHIP	JANUARY 11 - 12, 2020
SIJ	CSOMT / FELLOWSHIP	FEBRUARY 8 - 9, 2020
THORACIC	CSOMT / FELLOWSHIP	MARCH 14 - 15, 2020
CERVICAL I	CSOMT / FELLOWSHIP	APRIL 25 – 26, 2020
CERVICAL II	CSOMT / FELLOWSHIP	MAY 30 – 31, 2020
LOWER EXTREMITY	CSOMT / FELLOWSHIP	JULY 18 – 19, 2020
UPPER EXTREMITY	CSOMT / FELLOWSHIP	AUGUST 15 - 16, 2020
EXAM I	CSOMT / FELLOWSHIP	SEPTEMBER 26 – 27, 2020
ADVANCED LUMBAR / SIJ	FELLOWSHIP	OCT 31 – NOV 1, 2020
ADVANCED CERVICAL / THORACIC	FELLOWSHIP	DECEMBER 12 – 13, 2020
ADVANCED LOWER EXTREMITY	FELLOWSHIP	JANUARY 23 - 24, 2021
ADVANCED UPPER EXTREMITY	FELLOWSHIP	MARCH 6 - 7, 2021
SPECIAL TOPICS I	FELLOWSHIP	APRIL 10 - 11, 2021
SPECIAL TOPICS II	FELLOWSHIP	MAR 22 - 23, 2021
EXAM II	FELLOWSHIP	JUNE 26 - 27, 2021
HOME STUDY	FELLOWSHIP	INDEPENDENT