



INSTITUTE FOR ATHLETE REGENERATION

**DALLAS
ORTHO RESIDENCY 2019 – 2021**

COURSE	PROGRAM REQUIREMENT	DATE
CORE CONCEPTS I	RESIDENCY / CSOMT	SEPTEMBER 14 - 15, 2019
CORE CONCEPTS II	RESIDENCY / CSOMT	OCTOBER 12 - 13, 2019
LUMBAR I	RESIDENCY / CSOMT	NOVEMBER 16 - 17, 2019
LUMBAR II	RESIDENCY / CSOMT	DECEMBER 14 - 15, 2019
SIJ	RESIDENCY / CSOMT	JANUARY 18 - 19, 2020
THORACIC	RESIDENCY / CSOMT	FEBRUARY 22 - 23, 2020
CERVICAL I	RESIDENCY / CSOMT	APRIL 4 -5, 2020
CERVICAL II	RESIDENCY / CSOMT	MAY 9 - 10, 2020
LOWER EXTREMITY	RESIDENCY / CSOMT	JUNE 13 - 14, 2020
UPPER EXTREMITY	RESIDENCY / CSOMT	JULY 11 - 12, 2020
EXAM I	RESIDENCY / CSOMT	AUGUST 22 - 23, 2020