



INSTITUTE FOR ATHLETE REGENERATION

**DALLAS
IAR VII 2019 – 2021**

COURSE	PROGRAM REQUIREMENT	DATE
CORE CONCEPTS I	CSOMT / FELLOWSHIP	SEPTEMBER 14 - 15, 2019
CORE CONCEPTS II	CSOMT / FELLOWSHIP	OCTOBER 12 - 13, 2019
LUMBAR I	CSOMT / FELLOWSHIP	NOVEMBER 16 - 17, 2019
LUMBAR II	CSOMT / FELLOWSHIP	DECEMBER 14 - 15, 2019
SIJ	CSOMT / FELLOWSHIP	JANUARY 18 - 19, 2020
THORACIC	CSOMT / FELLOWSHIP	FEBRUARY 22 - 23, 2020
CERVICAL I	CSOMT / FELLOWSHIP	APRIL 4 -5, 2020
CERVICAL II	CSOMT / FELLOWSHIP	MAY 9 - 10, 2020
LOWER EXTREMITY	CSOMT / FELLOWSHIP	JUNE 13 - 14, 2020
UPPER EXTREMITY	CSOMT / FELLOWSHIP	JULY 11 - 12, 2020
EXAM I	CSOMT / FELLOWSHIP	AUGUST 22 - 23, 2020
ADVANCED LUMBAR / SIJ	FELLOWSHIP	SEPTEMBER 26 -27, 2020
ADVANCED CERVICAL / THORACIC	FELLOWSHIP	OCTOBER 24 - 25, 2020
ADVANCED LOWER EXTREMITY	FELLOWSHIP	DECEMBER 5 - 6, 2020
ADVANCED UPPER EXTREMITY	FELLOWSHIP	JANUARY 9 - 10, 2021
SPECIAL TOPICS I	FELLOWSHIP	FEBRUARY 13 - 14, 2021
SPECIAL TOPICS II	FELLOWSHIP	MARCH 27 - 28, 2021
EXAM II	FELLOWSHIP	MAY 1 - 2, 2021
HOME STUDY	FELLOWSHIP	INDEPENDENT