



INSTITUTE FOR ATHLETE REGENERATION

**CHARLOTTE
ORTHO RESIDENCY 2019 – 2021**

COURSE	PROGRAM REQUIREMENT	DATE
CORE CONCEPTS I	RESIDENCY / CSOMT	AUGUST 17 - 18, 2019
CORE CONCEPTS II	RESIDENCY / CSOMT	SEPTEMBER 14 - 15, 2019
LUMBAR I	RESIDENCY / CSOMT	OCTOBER 19 - 20, 2019
LUMBAR II	RESIDENCY / CSOMT	NOVEMBER 23 - 24, 2019
SIJ	RESIDENCY / CSOMT	JANUARY 4 - 5, 2020
THORACIC	RESIDENCY / CSOMT	FEBRUARY 1 - 2, 2020
CERVICAL I	RESIDENCY / CSOMT	MARCH 14 - 15, 2020
CERVICAL II	RESIDENCY / CSOMT	APRIL 18 - 19, 2020
LOWER EXTREMITY	RESIDENCY / CSOMT	MAY 16 - 17, 2020
UPPER EXTREMITY	RESIDENCY / CSOMT	JUNE 20 - 21, 2020
EXAM I	RESIDENCY / CSOMT	AUGUST 1 - 2, 2020