



INSTITUTE FOR ATHLETE REGENERATION

**CHARLOTTE
IAR VII 2019 – 2021**

COURSE	PROGRAM REQUIREMENT	DATE
CORE CONCEPTS I	CSOMT / FELLOWSHIP	AUGUST 17 - 18, 2019
CORE CONCEPTS II	CSOMT / FELLOWSHIP	SEPTEMBER 14 - 15, 2019
LUMBAR I	CSOMT / FELLOWSHIP	OCTOBER 19 - 20, 2019
LUMBAR II	CSOMT / FELLOWSHIP	NOVEMBER 23 - 24, 2019
SIJ	CSOMT / FELLOWSHIP	JANUARY 4 - 5, 2020
THORACIC	CSOMT / FELLOWSHIP	FEBRUARY 1 - 2, 2020
CERVICAL I	CSOMT / FELLOWSHIP	MARCH 14 - 15, 2020
CERVICAL II	CSOMT / FELLOWSHIP	APRIL 18 - 19, 2020
LOWER EXTREMITY	CSOMT / FELLOWSHIP	MAY 16 - 17, 2020
UPPER EXTREMITY	CSOMT / FELLOWSHIP	JUNE 20 - 21, 2020
EXAM I	CSOMT / FELLOWSHIP	AUGUST 1 - 2, 2020
ADVANCED LUMBAR / SIJ	FELLOWSHIP	SEPTEMBER 12 - 13, 2020
ADVANCED CERVICAL / THORACIC	FELLOWSHIP	OCTOBER 17 - 18, 2020
ADVANCED LOWER EXTREMITY	FELLOWSHIP	NOVEMBER 21 - 22, 2020
ADVANCED UPPER EXTREMITY	FELLOWSHIP	JANUARY 16 - 17, 2021
SPECIAL TOPICS I	FELLOWSHIP	FEBRUARY 27 - 28, 2021
SPECIAL TOPICS II	FELLOWSHIP	APRIL 3 - 4, 2021
EXAM II	FELLOWSHIP	MAY 15 - 16, 2021
HOME STUDY	FELLOWSHIP	INDEPENDENT