



INSTITUTE FOR ATHLETE REGENERATION

**SAN ANTONIO  
IAR VI 2018 – 2020**

<b>COURSE</b>	<b>PROGRAM REQUIREMENT</b>	<b>DATE</b>
<b>CORE CONCEPTS I</b>	<b>CSOMT / FELLOWSHIP</b>	<b>OCTOBER 6 -7, 2018</b>
<b>CORE CONCEPTS II</b>	<b>CSOMT / FELLOWSHIP</b>	<b>NOVEMBER 17 - 18, 2018</b>
<b>LUMBAR I</b>	<b>CSOMT / FELLOWSHIP</b>	<b>JANUARY 12 - 13, 2018</b>
<b>LUMBAR II</b>	<b>CSOMT / FELLOWSHIP</b>	<b>MARCH 2 - 3, 2019</b>
<b>SIJ</b>	<b>CSOMT / FELLOWSHIP</b>	<b>APRIL 6 - 7, 2019</b>
<b>THORACIC</b>	<b>CSOMT / FELLOWSHIP</b>	<b>MAY 4 -5, 2019</b>
<b>CERVICAL I</b>	<b>CSOMT / FELLOWSHIP</b>	<b>JUNE 8 - 9, 2019</b>
<b>CERVICAL II</b>	<b>CSOMT / FELLOWSHIP</b>	<b>AUGUST 10 - 11, 2019</b>
<b>LOWER EXTREMITY</b>	<b>CSOMT / FELLOWSHIP</b>	<b>SEPTEMBER 14 - 15, 2019</b>
<b>UPPER EXTREMITY</b>	<b>CSOMT / FELLOWSHIP</b>	<b>OCTOBER 19 - 20, 2019</b>
<b>EXAM I</b>	<b>CSOMT / FELLOWSHIP</b>	<b>NOVEMBER 16 -17, 2019</b>
<b>ADVANCED LUMBAR / SIJ</b>	<b>FELLOWSHIP</b>	<b>DECEMBER 21 - 22, 2019</b>
<b>ADVANCED CERVICAL / THORACIC</b>	<b>FELLOWSHIP</b>	<b>FEBRUARY 1- 2, 2020</b>
<b>ADVANCED LOWER EXTREMITY</b>	<b>FELLOWSHIP</b>	<b>MARCH 7 - 8, 2020</b>
<b>ADVANCED UPPER EXTREMITY</b>	<b>FELLOWSHIP</b>	<b>APRIL 18 - 19, 2020</b>
<b>SPECIAL TOPICS I</b>	<b>FELLOWSHIP</b>	<b>MAY 23 - 24, 2020</b>
<b>SPECIAL TOPICS II</b>	<b>FELLOWSHIP</b>	<b>JUNE 27 - 28, 2020</b>
<b>EXAM II</b>	<b>FELLOWSHIP</b>	<b>AUGUST 1 - 2, 2020</b>
<b>HOME STUDY</b>	<b>FELLOWSHIP</b>	<b>INDEPENDENT</b>