



INSTITUTE FOR ATHLETE REGENERATION

**HOUSTON
IAR VI 2018 – 2020**

COURSE	PROGRAM REQUIREMENT	DATE
CORE CONCEPTS I	CSOMT / FELLOWSHIP	SEPTEMBER 15 – 16, 2018
CORE CONCEPTS II	CSOMT / FELLOWSHIP	OCTOBER 20 -21, 2018
LUMBAR I	CSOMT / FELLOWSHIP	DECEMBER 1 – 2, 2018
LUMBAR II	CSOMT / FELLOWSHIP	JANUARY 5 – 6, 2019
SIJ	CSOMT / FELLOWSHIP	FEBRUARY 9 – 10, 2019
THORACIC	CSOMT / FELLOWSHIP	MARCH 16 – 17, 2019
CERVICAL I	CSOMT / FELLOWSHIP	APRIL 13 – 14, 2019
CERVICAL II	CSOMT / FELLOWSHIP	MAY 25 – 26, 2019
LOWER EXTREMITY	CSOMT / FELLOWSHIP	JUNE 29 – 30, 2019
UPPER EXTREMITY	CSOMT / FELLOWSHIP	AUGUST 3 – 4, 2019
EXAM I	CSOMT / FELLOWSHIP	SEPTEMBER 7 – 8, 2019
ADVANCED LUMBAR / SIJ	FELLOWSHIP	OCTOBER 12 – 13, 2019
ADVANCED CERVICAL / THORACIC	FELLOWSHIP	NOVEMBER 16 – 17, 2019
ADVANCED LOWER EXTREMITY	FELLOWSHIP	DECEMBER 14 -15, 2019
ADVANCED UPPER EXTREMITY	FELLOWSHIP	JANUARY 25 – 26, 2020
SPECIAL TOPICS I	FELLOWSHIP	FEB 29 – MAR 1, 2020
SPECIAL TOPICS II	FELLOWSHIP	APRIL 4 – 5, 2020
EXAM II	FELLOWSHIP	MAY 9 – 10, 2020
HOME STUDY	FELLOWSHIP	INDEPENDENT