



INSTITUTE FOR ATHLETE REGENERATION

**CHARLOTTE
IAR VI 2018 – 2020**

COURSE	PROGRAM REQUIREMENT	DATE
CORE CONCEPTS I	CSOMT / FELLOWSHIP	SEPTEMBER 8 - 9, 2018
CORE CONCEPTS II	CSOMT / FELLOWSHIP	OCTOBER 20 -21, 2018
LUMBAR I	CSOMT / FELLOWSHIP	DECEMBER 8 - 9, 2018
LUMBAR II	CSOMT / FELLOWSHIP	JANUARY 26 - 27, 2019
SIJ	CSOMT / FELLOWSHIP	MARCH 9 – 10, 2019
THORACIC	CSOMT / FELLOWSHIP	APRIL 27 - 28, 2019
CERVICAL I	CSOMT / FELLOWSHIP	JUNE 8 - 9, 2019
CERVICAL II	CSOMT / FELLOWSHIP	JULY 20 - 21, 2019
LOWER EXTREMITY	CSOMT / FELLOWSHIP	AUGUST 24 - 25, 2019
UPPER EXTREMITY	CSOMT / FELLOWSHIP	SEPTEMBER 21 - 22, 2019
EXAM I	CSOMT / FELLOWSHIP	NOVEMBER 2 - 3, 2019
ADVANCED LUMBAR / SIJ	FELLOWSHIP	DECEMBER 7 - 8, 2019
ADVANCED CERVICAL / THORACIC	FELLOWSHIP	FEBRUARY 22 - 23, 2020
ADVANCED LOWER EXTREMITY	FELLOWSHIP	MARCH 28 - 29, 2020
ADVANCED UPPER EXTREMITY	FELLOWSHIP	MAY 2 - 3, 2020
SPECIAL TOPICS I	FELLOWSHIP	JUNE 6 - 7, 2020
SPECIAL TOPICS II	FELLOWSHIP	JULY 18 - 19, 2020
EXAM II	FELLOWSHIP	AUGUST 22 - 23, 2020
HOME STUDY	FELLOWSHIP	INDEPENDENT